

Carry-On Essential Checklist

Essentials & Documents

- ☐ Passport & Visas (if required)
- ☐ Travel Itinerary & Tickets / Vouchers
- ☐ Identification (Driver's License / State ID)
- ☐ Wallet / Purse with Credit Cards & Cash
- ☐ Health Insurance Card & Information
- ☐ Emergency Contact Information

Electronics & Entertainment

- ☐ Phone & Charger
- ☐ Laptop/Tablet & Charger/Mouse
- ☐ Headphones / Earbuds
- ☐ E-reader or Books
- ☐ External Battery Pack
- ☐ Wireless Headphones

Comfort & Personal Care

- ☐ Medications
- ☐ Travel-Sized Toiletries (TSA compliant)
- ☐ Eye Mask & Earplugs
- ☐ Empty Water Bottle (fill after security)
- ☐ Hand Sanitizer Wipes
- ☐ Small First Aid Kit
- ☐ Scarf or Light Jacket
- ☐ Glasses/Contact & Case/Cleaning Solution

Clothing & Accessories

- ☐ One Change of Clothes (in case of lost luggage)
- ☐ Jewelry (securely stored)

Snacks & Refreshments

- ☐ Snacks (nuts, protein bars, etc)
- ☐ Gum / Mints

Other Useful Items

- ☐ Pen (for customs forms)
- ☐ Bag Tag with Destination Information
- ☐ Gallon & Quart Sized Ziploc Bags (for organization)
- ☐ Small Lock (for securing bag)

